

Veneer Post Operative Instructions

You have had your teeth prepared and impressions taken for their restoration. Your gums usually will be quite sore when the numbness wears off. Use warm salt water rinses* every hour for five minutes until they feel better. If you do this and the gums do not improve every day, please let me know so I can determine whether your response to the treatment is normal.

The temporary veneers that were placed on the prepared teeth, are needed to protect the teeth from chipping and from excess hot and cold sensitivity. In addition, these temporaries prevent the opposing and adjacent teeth from moving, insuring a proper fit of your new restoration. If one should come off, replace it and immediately inform me of the condition so that we can get you in and cement it back on.

Do not be alarmed if you have some sensitivity to hot and cold, or sweet food and drink while the temporary veneers are in place. Temporary veneers are not at all like the permanent, so bear with us through the temporaries. We are sure you will be pleased with the permanent ones.

*1/2 Tsp. Of salt in a glass of warm water