

Care of the Mouth After Extractions

1. Keep fingers and tongue away from socket.
2. Bleeding. Avoid strenuous exercise and hot liquids. Keep head elevated. When lying down use 2 pillows covered with plastic as some oozing is to be expected. To control bleeding, roll a piece of white Kleenex sized to cover wound. Dab the Kleenex with Vaseline, place over the wound and hold firmly with pressure by closing teeth for twenty minutes. If bleeding persists, repeat procedure. If bleeding continues, call the office or my home.
3. Swelling: Use ice bag, on 10 minutes, off for 10 minutes, for one hour. Repeat procedure in one hour.
4. Bony Edges: After teeth are extracted the patient may feel hard projections in the mouth and think they are roots. This is usually the hard bony partition, which surrounds the roots of the teeth. This bone is allowed to remain for a definite reason. If the points bother you unduly, call the office.
5. If pain occurs in the third day after extraction, it may be due to the loss of the blood clot thus producing pain. Call the office.