

## **Crown Post Operative Instruction**

Today you have had your teeth prepared and impressions taken for their restoration. Your gums may be sore when the numbness wears off. Use *Warm salt-water rinses\** every hour for five minutes until they feel better. If you do this and the gums do not improve every day, please let me know so I can determine whether your response to the treatment is normal.

The temporary crown that was placed on the prepared tooth is needed to protect the tooth from chipping and from excess hot and cold sensitivity. In addition, these temporaries prevent the opposing and adjacent teeth from moving, insuring a proper fit of your new restoration. If one should come off, replace it and immediately inform me of the condition so that we can get you in and cement it back on. While you have temporary provisions, please: Avoid Sticky and Hard Foods; Avoid Chewing Gum; Avoid Flossing around the temporary restoration; and Avoid Toothpicks or Probing Objects around the temporary restoration.

Rinse or swab the treated areas with Peridex twice daily as instructed until you are able to thoroughly brush and use the Perio-Aid (toothpick). Diligent daily plaque removal is essential for healing and optimal treatment outcome.

Do not be alarmed if you have some sensitivity to hot and cold, or sweet food and drink while the temporary crowns are in place. Temporary crowns are not at all like the permanent, so bear with us through the temporaries. We are sure you will be pleased with the permanent ones.

Dr. Letha

\*1/2 Tsp. Of salt in a glass of warm water